

Fortimel Regular



1kcal/ml ready to drink high protein supplement for disease related malnutrition.

Presentation

200ml plastic bottle

Flavours

- Vanilla

Indications

Nutritional supplement where additional protein is required in conditions such as:

- Oncology
- Surgery – pre and post op nutrition
- Pressure ulcers
- Anorexia
- Nutritional support in the elderly
- Orthopaedic patients

Features

- 1kcal/ml
- 20g protein in 200ml bottle (40% En), ideal for patients with increased protein requirements or inadequate protein intake
- Low fat (19% En), ideal for those who do not like thick milky drinks
- Omega 6: Omega 3 ratio 5:1 supporting improved patient immunity
- Gluten free
- Fibre free
- Osmolality 490 mOsm/kg H₂O
- Convenient plastic bottle (with straw attached) designed to be easily held and with removable cap for easy pouring

Nutrient Source

- Protein: whey and casein
- Fat: sunflower and canola oil
- Carbohydrate: maltodextrin and sucrose

Contraindications

- Unsuitable for infants under 1 year
- Unsuitable for patients with galactosemia
- Unsuitable as a sole source of nutrition

Directions for Use

- Shake well before use
- Best served chilled

Storage

- Store in a cool, dry place
- Once opened, store in the refrigerator
- Discard unused content after 24 hours

Ordering Information

- To order, contact Biolab 0800 688 787

Fortimel Regular	Code	Units per carton
Vanilla	NUT65892	24

Fortimel Regular	Pharma code
Vanilla	2212315



Fortimel Regular

Nutrition Information		200ml	1000ml
Energy	kcal	200	1000
	kJ	844	4220
Protein Equivalent	g	20(40%E)	100(40%E)
Casein	g	1.6	8
Nitrogen	g	3.14	15.7
NPC:N ratio		38	38
Carbohydrate	g	20.6(41.1%E)	103(41.1%E)
as Lactose	g	7.4	37
Sucrose	g	8.6	43
Fat	g	4.2(18.9%E)	21(18.9%E)
as Saturates	g	0.6	3
Monounsaturated	g	2.4	12.1
Polyunsaturates	g	3.6	18.4
Ratio n6:n3 fatty acids		5:1	5:1
Water	g	166	830

Vitamins		200ml	1000ml
Vitamin A	µg-RE	376	1888
Vitamin D	µg	2.6	13.1
Vitamin E	mg-α-TE	4.6	23.4
Vitamin K	µg	20	100
Vitamin C	mg	39	188
Thiamin	mg	0.56	2.8
Riboflavin	mg	0.62	3.1
Niacin	mg-NE	6.8	33.8
Vitamin B6	mg	0.66	3.3
Vitamin B12	µg	1.4	7
Folic Acid	µg	100	500
Pantothenic Acid	mg	2	10
Biotin	µg	15	75
Choline	mg	138	688

Minerals		200ml	1000ml
Sodium	mg	100	500
	mmol	4.3	21.7
Potassium	mg	10.3	51.3
	mmol	10.3	51
Calcium	mg	560	2000
Phosphorus	mg	400	2000
Magnesium	mg	84	4250
Chloride	mg	180	900

Trace Elements		200ml	1000ml
Iron	mg	6	30
Zinc	mg	4.6	23
Manganese	µg	12.6	63
Copper	µg	676	3380
Iodine	µg	50	250
Molybdenum	µg	38	190
Selenium	µg	22	110
Chromium	µg	26	130
Fluoride	µg	0.38	1.9

Ingredients (Fortimel Regular vanilla): milk protein concentrate, water, sucrose, maltodextrin, vegetable oils, acidity regulator (citric acid), flavour (vanilla), choline chloride, magnesium hydroxide tri potassium citrate, emulsifier (soy lecithin), sodium L-ascorbate, potassium hydroxide, tri sodium citrate, colour (curcumin), ferrous lactate, DL-α-tocopheryl acetate, colour (caramel) E150d, nicotinamide, zinc sulphate, retinyl acetate, copper gluconate, manganese sulphate, sodium selenite, chromium chloride, calcium D-pantothenate, D-biotin, cholecalciferol, pyridoxine hydrochloride, pteroylmonoglutamic acid, thiamin hydrochloride, sodium fluoride, sodium molybdate, riboflavin, potassium iodide, phytomenadione.

For more information call toll free:
0800 636 742 (#2)

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Advanced Medical Nutrition